

# **WELCOME TO ATLANTIS BRAIN & CHIROPRACTIC CENTER!**

## **THANK YOU**

Thank you very much for giving us the opportunity to serve you! We are excited to be part of your health care team and will strive to do our best to help you reach your health care goals. We take this privilege very seriously and want you to be well informed about what we do. If you have any questions about anything, please do not hesitate to ask.

## **CHIROPRACTIC NEUROLOGY**

We have found that most people are familiar with the terms “chiropractic” and “neurology” but most have not heard of them together as in “chiropractic neurology.” Chiropractic neurology evaluates the physiological functional integrity of the nervous system. Patients seeking care can have “functional” and/or “ablative” deficits in their nervous systems. Patients with functional deficits are good candidates for chiropractic neurology. Patients with ablative lesions (e.g. disease processes, tumors, etc.) will be referred for co-management with other providers.

## **WHAT TO EXPECT**

Atlantis Brain & Chiropractic Center understands that people are unique and have different conditions, different health care goals, and even different budgets. It is for this reason, that we offer different new patient options: Focused, Detailed, and Comprehensive. Regardless of which option you choose, you can rest assured that we will do our absolute best to help you achieve your health care goals as quickly as possible. Depending on which option you choose, the following may be performed: consultation, spinal exam, extremity exam, neurological exam, Interactive Metronome exam, cognitive exam, computerized balance exam, video-oculography exam, and autonomic exam.

## **TREATMENT**

After the exam, we will schedule a report of findings to discuss the results of your exam, treatment recommendations, how we will monitor your progress, cost, and scheduling. If you are a good candidate for chiropractic neurological care, the following may be performed or given: home therapy instructions, spinal/extremity adjustments, laser therapy, Vibracussor therapy, Interactive Metronome therapy, and individualized brain-based therapies such as gaze stability exercises, vestibular rehab exercises, peripheral nerve stimulation, microcurrent stimulation, photohemodynamic therapy, photobiomodulation, eye movement exercises, fast eye movement exercises, vestibuloocular stimulation, light stimulation, complex movement therapy, caloric stimulation, auditory stimulation, olfactory stimulation, primitive reflex inhibition, balance training, Blaze Pod training, and cognitive improvement exercises. These innovative treatments are usually beneficial and seldom cause any problems. In the unlikely event you feel they are causing problems, please let us know right away.

## **COST**

To keep health care costs down, we do request payment at the time of service and if requested, will be glad to give you the necessary paper work so you can submit your bill to your insurance company.

## **RESULTS**

Due to the complexities of the human body, we cannot promise a specific result in any case. We have found that two similar conditions may respond quite differently to care. The fact is that the sciences of chiropractic and neurology will never be so exact as to provide definite answers to all problems. (We are thankful though that the majority of our patients do very well under our care!) In a small minority of patients, the results are less than expected and are usually from not following our recommendations.

## **SIGNATURE**

I, \_\_\_\_\_ have read and fully understand the above statements. I, therefore, accept  
(Print name)

chiropractic neurological care on this basis.

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(Signature of patient or legal guardian)

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(Date)

## COMPREHENSIVE HEALTH HISTORY

To help us serve you better, please complete **ALL** questions and bring with you to your appointment.

Date: \_\_\_\_\_ Who may we thank for referring you? \_\_\_\_\_

Legal name: \_\_\_\_\_ What would you like us to call you? \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M ☐ F ☐ Marital status: \_\_\_\_\_ Children: \_\_\_\_\_

Email address: \_\_\_\_\_

Home phone number: \_\_\_\_\_ Work phone number: \_\_\_\_\_ Cell phone number: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Are your job duties physically demanding for you? Yes ☐ No ☐ Do you like your job? Yes ☐ No ☐

Race: White ☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American ☐

Native Hawaiian or other ☐ Pacific Islander ☐ Unspecified ☐

Ethnicity: Not Hispanic or Latino ☐ Hispanic or Latino ☐ Unspecified ☐

Preferred language: English ☐ Spanish ☐ Other (please specify) ☐ \_\_\_\_\_

What is your highest level of education? \_\_\_\_\_

Does your immediate family have a history of the following? Cancer ☐ Arthritis ☐ Diabetes ☐ Heart disease ☐

What health conditions have you had in the past? \_\_\_\_\_

What injuries and traumas have you had in the past? (Such as motor vehicle accidents, falls, concussions, fractures, etc.) \_\_\_\_\_

What surgeries have you had in the past? \_\_\_\_\_

What hospitalizations (other than surgeries listed above) have you had in the past? \_\_\_\_\_

What medications, vitamins, or supplements do you currently take? \_\_\_\_\_

What medications are you allergic to? \_\_\_\_\_

Please list any uncommon chemicals you are exposed to at work or home? \_\_\_\_\_

How many do you consume in an average day? Coffee \_\_\_\_\_ Cola \_\_\_\_\_ Diet soda \_\_\_\_\_ Alcoholic beverages \_\_\_\_\_

How often do you smoke? Never ☐ Use to smoke ☐ Currently smoke some days ☐ Currently smoke every day ☐

What are your hobbies? \_\_\_\_\_ Right handed ☐ Left handed ☐

What are your exercise activities? \_\_\_\_\_

What is your typical diet? \_\_\_\_\_

Do you feel much stress at home? Yes ☐ No ☐

How would you like us to communicate with you (if necessary)? Phone ☐ Email ☐

Have you ever been diagnosed with any of the following?

Joint instability ☐ Osteoporosis ☐ Benign bone tumors of the spine ☐

Bleeding disorders or anticoagulant therapy ☐ Radiculopathy with progressive neurological symptoms ☐

Parkinson's disease ☐ Alzheimer's disease ☐

Have you ever been diagnosed with any of the following?

Acute rheumatoid arthritis ☐ Ankylosing spondylitis ☐ Healed fractures with signs of instability ☐

Unstable os odontoideum ☐ Spinal malignancies ☐ Spinal infections ☐ Myelopathy ☐ Cauda equina syndrome ☐

Vertebrobasilar insufficiency syndrome ☐ Major artery aneurysm ☐ Stroke ☐

## PRIMARY COMPLAINT

What is your primary complaint? (pain, dizziness, numbness, learning difficulties, etc.) \_\_\_\_\_

What were you doing when you first felt it? \_\_\_\_\_

Was there any illness, trauma, or significant event prior? Yes ☐ No ☐ If yes, please describe: \_\_\_\_\_

When did it begin? \_\_\_\_\_ Is this problem related to either of the following? Work accident ☐ Auto accident ☐

How severe is it? (0 = no symptom at all, 10 = excruciating symptom) 0 1 2 3 4 5 6 7 8 9 10

How much of the time do you feel it? 1% - 25% ☐ 25% - 50% ☐ 50% - 75% ☐ 75% - 100% ☐

Does it travel to another part of your body? Yes ☐ No ☐ If yes, where: \_\_\_\_\_

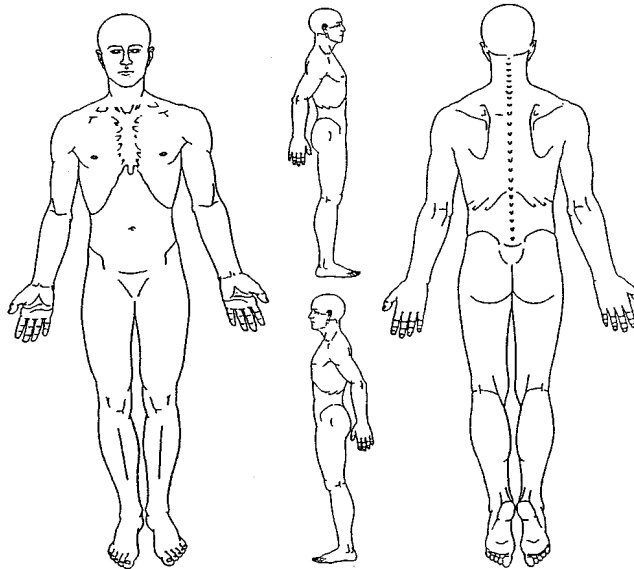
What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Since it began, has it? Improved ☐ Stayed the same ☐ Worsened ☐ Been on and off ☐

Use the letters below to indicate the type and location of your sensations right now:

A = Ache      B = Burning      N = Numbness      P = Pins and needles      S = Stabbing      O = Other



What activities of daily living are you having trouble with? Bending ☐ Climbing ☐ Housework ☐ Driving ☐

Arising out of a chair ☐ Lifting weights ☐ Opening jars ☐ Pulling ☐ Pushing ☐ Reaching ☐

Reading ☐ Running ☐ Shopping ☐ Sleeping ☐ Standing ☐ Walking ☐ Writing ☐

What prior treatments/medications have you done for it? \_\_\_\_\_

Have you had any of the following diagnostics tests for this: X-rays ☐ MRI ☐ CT scan ☐ EMG/NCV ☐ Other ☐

What are you most concerned with regarding your problem? \_\_\_\_\_

What do you desire most to get from working with us? \_\_\_\_\_

## SYSTEMS HISTORY

*Do you regularly experience any of the following complaints?*

### AUTONOMIC

- Decreased salivation or dry eyes? \_\_\_\_\_ Yes ☐ No ☐
- Increased sweating on one side of the body? \_\_\_\_\_ Yes ☐ No ☐
- Cold hands or feet? \_\_\_\_\_ Yes ☐ No ☐
- Cardiac arrhythmias or rapid heart rate? \_\_\_\_\_ Yes ☐ No ☐
- Breathing difficulties? \_\_\_\_\_ Yes ☐ No ☐
- Constipation or diarrhea? \_\_\_\_\_ Yes ☐ No ☐
- Difficulties with initiating or controlling urination? \_\_\_\_\_ Yes ☐ No ☐
- Sexual dysfunction? \_\_\_\_\_ Yes ☐ No ☐
- High blood pressure? \_\_\_\_\_ Yes ☐ No ☐

### VISION

- Cloudy vision, blurred vision, or double vision? \_\_\_\_\_ Yes ☐ No ☐
- Eye strain? \_\_\_\_\_ Yes ☐ No ☐
- Difficulty stabilizing your focus? \_\_\_\_\_ Yes ☐ No ☐
- Movement of your visual environment? \_\_\_\_\_ Yes ☐ No ☐
- Pain in or around your eyes? \_\_\_\_\_ Yes ☐ No ☐
- Light sensitivity? \_\_\_\_\_ Yes ☐ No ☐
- Anxiety or panic attacks? \_\_\_\_\_ Yes ☐ No ☐

### MOTOR

- Difficulty with chewing or swallowing food? \_\_\_\_\_ Yes ☐ No ☐
- Slurring or stuttering? \_\_\_\_\_ Yes ☐ No ☐
- Clumsiness (e.g. using tools and utensils, or tripping)? \_\_\_\_\_ Yes ☐ No ☐
- Tics or tremors? \_\_\_\_\_ Yes ☐ No ☐
- Stiffness, cramping, or twitching? \_\_\_\_\_ Yes ☐ No ☐
- Weakness or wasting of muscles? \_\_\_\_\_ Yes ☐ No ☐
- Slowness of movements? \_\_\_\_\_ Yes ☐ No ☐
- Impulsivity? \_\_\_\_\_ Yes ☐ No ☐
- Obsessive or compulsive tendencies? \_\_\_\_\_ Yes ☐ No ☐

### SPECIAL SENSES

- Difficulty hearing in a crowd? \_\_\_\_\_ Yes ☐ No ☐
- Difficulty understanding other people speaking? \_\_\_\_\_ Yes ☐ No ☐
- Hearing ringing or whooshing noises? \_\_\_\_\_ Yes ☐ No ☐
- Pain or itchiness in either ear? \_\_\_\_\_ Yes ☐ No ☐
- Changes to smell or taste? \_\_\_\_\_ Yes ☐ No ☐
- Spontaneous smells or tastes? \_\_\_\_\_ Yes ☐ No ☐

Difficulty identifying smells? \_\_\_\_\_ Yes ☐ No ☐  
Smells becoming more pungent? \_\_\_\_\_ Yes ☐ No ☐  
Feeling that you have already experienced something that is actually happening for the first time? \_\_\_\_\_ Yes ☐ No ☐  
Episodes of “spacing out”? \_\_\_\_\_ Yes ☐ No ☐

### **SENSORY**

Changes in skin sensitivity? \_\_\_\_\_ Yes ☐ No ☐  
Unusual sensations anywhere (e.g. tingling, coldness)? \_\_\_\_\_ Yes ☐ No ☐  
Increased incidents of getting lost? \_\_\_\_\_ Yes ☐ No ☐  
Increased injuries to one side of the body? \_\_\_\_\_ Yes ☐ No ☐

### **BALANCE**

Loss of balance? \_\_\_\_\_ Yes ☐ No ☐  
Difficulty walking a straight line? \_\_\_\_\_ Yes ☐ No ☐  
Deviating more to the left or right when walking? \_\_\_\_\_ Yes ☐ No ☐  
Falling or leaning to one side? \_\_\_\_\_ Yes ☐ No ☐  
Spinning or moving when you are still? \_\_\_\_\_ Yes ☐ No ☐  
Nausea or vomiting? \_\_\_\_\_ Yes ☐ No ☐  
Dizzy or light headed when looking at moving objects? \_\_\_\_\_ Yes ☐ No ☐  
Dizzy or light headed when you change your posture? \_\_\_\_\_ Yes ☐ No ☐  
Incoordination of your arms or legs? \_\_\_\_\_ Yes ☐ No ☐

### **COGNITIVE**

Problems with decision making, planning, or organizational skills? \_\_\_\_\_ Yes ☐ No ☐  
Problems with attention levels or concentration? \_\_\_\_\_ Yes ☐ No ☐  
Changes in behavior, mood, or personality? \_\_\_\_\_ Yes ☐ No ☐  
Problems with the ability to express thoughts or words? \_\_\_\_\_ Yes ☐ No ☐  
Problems with the comprehension of speech or the written word? \_\_\_\_\_ Yes ☐ No ☐  
Problems with the recognition of people or objects? \_\_\_\_\_ Yes ☐ No ☐  
Changes with regard to orientation or spatial awareness? \_\_\_\_\_ Yes ☐ No ☐  
Problems with short-term memory? \_\_\_\_\_ Yes ☐ No ☐  
Problems with long-term memory? \_\_\_\_\_ Yes ☐ No ☐  
Depression? \_\_\_\_\_ Yes ☐ No ☐  
Getting stuck on thinking about something? \_\_\_\_\_ Yes ☐ No ☐  
Startles easily? \_\_\_\_\_ Yes ☐ No ☐  
Easily distracted? \_\_\_\_\_ Yes ☐ No ☐  
Poor sense of time? \_\_\_\_\_ Yes ☐ No ☐

Please describe anything else you think we should be aware of. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## MEDICAL INFORMATION RELEASE

Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

### RELEASE OF INFORMATION

- ☐ I authorize the release of my medical information including the information from my history, consultation, examination, report of findings, diagnosis, and treatments rendered to me. In addition to my insurance company, this information may be released to the individuals listed below and will remain in effect until terminated by me in writing.

Spouse: \_\_\_\_\_

Child(ren): \_\_\_\_\_

Other: \_\_\_\_\_

Other: \_\_\_\_\_

- ☐ I DO NOT authorize the release of medical information.

### MESSAGES

If you need to leave a message for me, please call me at:

- ☐ my home
- ☐ my work
- ☐ my cell

If unable to reach me:

- ☐ you may leave a detailed message
- ☐ please leave a message asking me to return your call
- ☐ \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practices.

\_\_\_\_\_  
Patient name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent, Guardian, or Patient's legal representative (please print)

\_\_\_\_\_  
Signature

## PARENTAL CONSENT FOR TREATMENT AND CARE OF MINORS

*Only complete if patient is a minor.*

I, \_\_\_\_\_, being the parent and/or legal guardian of the  
print adult's name  
minor age child, \_\_\_\_\_, \_\_\_\_\_,  
print child's name date of birth

hereby give consent for necessary or appropriate treatment and care by the health care providers affiliated with Atlantis Brain & Chiropractic Center, which may include, without limitation, Atlantis Brain & Chiropractic Center arranging for and/or authorizing consultation, evaluation, referral, treatment, for the above-named minor.

This consent shall remain in effect unless it is revoked in writing.

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

Parent / Legal Guardian: \_\_\_\_\_  
print name sign name

Relationship to minor: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

\*Please attach a copy of the parent/guardian valid ID or driver's license to this consent form.